## Biophilic Design: A Way to Achieve Human Comfort & Well Being

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| Article Information   | ABSTRACT  |
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| <i>Article history:</i><br>Received Jun 10, 2023<br>Accepted Dec 10, 2023 | Currently, urbanization is occurring globally. Places are designed for several activities like work, play, sleep. However, it is important for these built environments to possess not only functionality but also energy, morality, and inspiration. Biophilic architecture presents an excellent approach to attain human comfort and well-being, thereby enhancing productivity through the utilization of natural elements. This paper centers around the Principles of |
|   | Biophilic Design and its progression, examining its relationship with<br>sustainability, and elaborating on the quantification of biophilic design and<br>the existing gap in quantifying it within the Indian context.   |
|   | <b>Keywords:</b> Biophilic Architecture, Human comfort & wellbeing,<br>Quantification of Biophilia  |
| International Journal of<br>TEAMS   |   |

**1. INTRODUCTION** 

Human health and psychology are important factors in designing an efficient working environment. If we look back in history, nature has been an integral part of our lives. Green spaces are an effective aspect of any planning. human-nature space's This connection is studied by researchers and ecologists. The term "Biophilia" was first introduced by Erich Fromm, and later on E.O. Wilson elaborated on it through the "Biophilia" hypothesis. Further, this connection is observed in biophilic design, where biophilic dimensions, elements, and attributes in Kellert's BD framework are The aim of this paper is to introduced. understand existing certification of Biophilia and propose new certification with respect to



Indian context. Also, the contribution of biophilic design to sustainability is illustrated in this paper.

#### 2. METHODOLOGY

This investigation has been performed through the qualitative research method. For this personal interviews, user survey and biophilic score cards were used. The evolution of Biophilia and the use of natural elements like light, air, water, and vegetation in built environments are studied through literature fill studies. To the research gap in quantification, comparative analysis of worldwide green certifications has been done, and a new set of criteria has been suggested for the Indian context.

3. Background—the emergence of biophilic design

The Biophilia Hypothesis is a theory developed by Edward O. Wilson created the Biophilia Hypothesis in 1984 to explain why people have a natural urge to engage with nature and its various elements.



This connection has a positive impact on human's health and psychology. Researchers and ecologist worked on this Biophilia concept a decade later to collaborate their thinking and debate the concepts presented by Wilson. After discussions among experts from industry, government, finance areas on the practical implementation of the benefits of Biophilia into urban design and architecture, another book has been emerged, i.e., 'Biophilic Design: The Theory, Science, and Practice of Bringing Buildings to Life'. The focus was on the use of biophilic elements in built environments.

Implementation of natural elements in buildings for human comfort and well-being gave rise to biophilic architecture. Let us see how the guidelines for biophilic design by various researchers helped to make building biophilic.

As the year passes, the concept of biophilic design has succeeded with time. Here is a table that gives a comparative analysis of various researchers. (Table 1)

| Year | Philosop<br>hy By      | Concept  | Outcome  |
|------|------------------------|--|--|
| 1973 | Erich<br>Fromm         | Biophilia  | Love to life   |
| 1984 | Edward<br>O.<br>Wilson | the innate<br>tendency<br>to focus on<br>life and<br>lifelike<br>processes | link with<br>nature is<br>not only<br>physiologi<br>cal but has<br>a genetic<br>basis. |

| 1993  | Wilson                          | Biophilia<br>hypothesis   | The<br>innately<br>emotional<br>affiliation<br>of human<br>beings to<br>other<br>living<br>organisms'   |
|-------|---------------------------------|---|---|
| 1993  | Stephen<br>Kellert              | Depende-<br>nce on<br>'nature'<br>was also<br>expounded   | Nine<br>values of<br>biophilia  |
| 2008a | Kellert                         | The<br>inherent<br>human<br>inclination<br>to affiliate<br>with<br>natural<br>systems<br>and<br>processes | Exploring<br>the<br>relation-<br>ship<br>between<br>humans<br>and the<br>natural<br>environ-<br>ment.   |
| 2008b | Kellert                         | Ecosystem<br>& Fire as<br>well as<br>Attraction,<br>exploratio<br>n and<br>Discovery<br>added             | Addition<br>of<br>Attraction,<br>Explo-<br>ration, and<br>Discovery<br>One of the<br>strongest<br>human<br>tendencies<br>is an<br>aesthetic<br>connection<br>to nature. |
| 2015  | Kellert<br>and<br>Calabres<br>e | Simplified<br>framework<br>entitled Bi<br>ophilic<br>Experience<br>s &<br>Attributes                      | The<br>framework<br>have<br>different<br>emphases,<br>strengths,<br>and<br>limitations  |
| 2020  | Brownin<br>g &<br>Ryan          | Human<br>nature<br>relation<br>with built<br>environme<br>nt  | Flexible<br>and<br>adaptive,<br>allowing<br>for<br>project-<br>appropriat<br>e<br>implement<br>-ation   |

Table 1: Comparative analysis of Evolution of Biophilia

The evolutionary dependence on 'nature' was also illustrated by social ecologist Stephen Kellert by identifying nine values of biophilia: 'utilitarian, naturalistic, scientific, aesthetic, symbolic, humanistic, moralistic, dominionistic, and negativistic'.

The study on Biophilia progressed further, with Kellert introducing dimensions, elements, and attributes of Biophilic design to incorporate natural elements into architectural design. The first dimension, Organic, illustrates the direct or indirect connection, while the second dimension, Place-based, defines the connection between buildings and landscapes with the ecology or geography of the site.

Kellert (2008) explains six elements (Fig2) and attributes that range from natural aesthetics to fostering harmonious relationships in urban environments which were divided in two dimensions Organic & Inorganic



Fig 2. BD elements and attributes (Modified from Kellert, 2008)

Further Kellert and Calabrese (2015) introduced revised framework for Biophilic design, it framed under 3 main heads. The frameworks have different importance, assets, and Boundaries. This framework was a guideline for designing a structure as all planning aspects are considered in it. Following fig explains this framework



sed framework for BD by Kellert and Calabrese (2015)

In 2014 Browning, W.D., Ryan, C.O., Clancy, J.O. (2014) came up with 14 Patterns of Biophilic Design which articulates the relationships between nature, and design of the built environment it has been divided in 3 types .(Table 3)

- 1. Nature in space
- 2. Nature Analogue
- 3.Nature of the space

| Nature in Space | Natural Analogues    | Nature of  |
|-----------------|----------------------|------------|
|                 |                      | the Space  |
| Visual          | Biomorphic Forms     | Prospect   |
| connection with | and Patterns         |            |
| Nature          |                      |            |
| Non visual      | Material connection  | Refuse     |
| connection with | with Nature          |            |
| Nature          |                      |            |
| Non rhythmic    | Complexity and Order | Mystery    |
| Sensory Stimuli |                      |            |
| Thermal &       |                      | Risk/Peril |
| Airflow         |                      |            |
| Variability     |                      |            |
| Presence of     |                      | Awe        |
| Water           |                      |            |
| Dynamic &       |                      |            |
| Diffuse light   |                      |            |
| Connection with |                      |            |
| Natural Systems |                      |            |

Table 3 : 14 Patterns of Biophilic Design by Terrapin Bright Green **Nature in Space:** It is direct connection to nature. Examples of elements are water, animals, potted plants, breezes, water features, green walls, and courtyards.

Nature analogues: man-made elements which includes patterns, graphic artwork. Nature of the Space: The best experiences are produced when revelatory moments are combined with spatial patterns from nature and natural equivalents.

# A. Contribution of Biophilic Design to Sustainability

Biophilic design is a concept that aims to bring people closer to nature. While achieving this, the advantages of biophilic design extend beyond individual benefits to the potential to contribute to global development goals.

The use of natural materials, passive design strategies, and green infrastructure makes biophilic design an effective way to reduce carbon emissions and protect biodiversity.

Biophilic design can also promote social interaction and a sense of community. It can contribute to economic growth by improving the productivity of work and reducing absenteeism in the workplace. Productivity rate is increases in space which is incorporated with Biophilic elements .It can also contribute to environmental goals. Reducing carbon footprints and promoting the use of natural materials and passive strategies in planning.

| Sustainable | Sustainable         | Biophilic        |
|-------------|---------------------|------------------|
| Goal        | <b>Goal Details</b> | Design           |
|             |                     | approach         |
| 1           | No Poverty          | Green buildings  |
|             |                     | that incorporate |
|             |                     | local materials  |
|             |                     | and support      |
|             |                     | local            |
|             |                     | economies.       |
| 2           | No hunger           | Promoting        |
|             |                     | sustainable food |
|             |                     | systems and      |

|   |              | agriculture       |
|---|--------------|-------------------|
|   |              | through the use   |
|   |              | of green roofs,   |
|   |              | green walls,      |
|   |              | urban farms       |
| 3 | Good Health  | Positive impact   |
|   | & Well       | on human          |
|   | being        | health and well-  |
|   |              | being by          |
|   |              | reducing stress   |
|   |              | levels,           |
|   |              | improving air     |
|   |              | quality, and      |
|   |              | promoting         |
|   |              | physical activity |
| 4 | Quality      | Inspiring and     |
|   | Education    | engaging          |
|   |              | learning          |
|   |              | environment,      |
|   |              | leading to better |
|   |              | educational       |
|   |              | outcomes for      |
|   |              | students          |
| 5 | Gender       | Biophilic         |
|   | Equality     | Design can        |
|   |              | support this      |
|   |              | goal by creating  |
|   |              | inclusive and     |
|   |              | equitable spaces  |
|   |              | that promote      |
|   |              | gender diversity  |
|   |              | and support the   |
|   |              | needs of all      |
|   |              | genders           |
| 6 | Clean water  | water-saving      |
|   | & Sanitation | features such as  |
|   |              | rainwater         |
|   |              | harvesting,       |
|   |              | greywater         |

|    |                     | recycling   |
|----|---------------------|---|
| 7  | Renewable<br>Energy | reduce energy consumption by  |
|    |                     | incorporating   |
|    |                     | natural lighting  |
|    |                     | and ventilation   |
| 8  | Good Job &          | creating healthy  |
|    | Economic            | and supportive  |
|    | Growth              | work  |
|    |                     | environments  |
|    |                     | that foster   |
|    |                     | employee well-  |
|    |                     | being,  |
|    |                     | productivity,   |
|    |                     | and satisfaction  |
| 9  | Innovation          | can promote   |
|    | &                   | innovation and  |
|    | infrastructur       | entrepreneurshi   |
|    | e                   | p through   |
|    |                     | Healthy   |
|    |                     | environment   |
| 10 | Reduced             |   |
|    | inequalities        |   |
| 11 | Sustainable         | by integrating  |
|    | cities &            | nature into the   |
|    | Communitie          | built   |
|    | S                   | environment   |
|    |                     | and improving   |
|    |                     | the quality of  |
|    |                     | urban spaces  |
| 12 | Responsible         | by using natural  |
|    | Consumptio          | materials and   |
|    |                     |   |
|    | n                   | reducing the  |
|    | n                   | reducing the environmental  |
|    | n                   | reducing the<br>environmental<br>impact of  |
|    | n                   | reducing the<br>environmental<br>impact of<br>buildings and   |
|    | n                   | reducing the<br>environmental<br>impact of<br>buildings and<br>infrastructure                                       |
| 13 | n<br>Climate        | reducing     the       environmental     of       impact     of       buildings     and       infrastructure     by |

| <ul> <li>and greenhouse gas emissions, as well as increasing the resilience of buildings and infrastructure to climate-related risks</li> <li>Life below Indirect: recycled or renewable materials, to reduce the use of virgin materials that may contribute to ocean pollution</li> <li>Life on Land incorporating green spaces and other natural elements</li> <li>Peace on by creating Justice spaces that promote a sense of calm, relaxation, and well-being. By providing comfortable and attractive environments, can promote positive interactions and communication between</li> </ul>  |    |              | consumption       |
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| <ul> <li>increasing the resilience of buildings and infrastructure to climate-related risks</li> <li>Life below uter recycled or renewable materials, to reduce the use of virgin materials that may contribute to ocean pollution</li> <li>Life on Land incorporating green spaces and other natural elements</li> <li>Peace on by creating spaces that promote a sense of calm, relaxation, and well-being. By providing comfortable and attractive environments, can promote positive interactions and communication between</li> </ul>  |    |              | as well as        |
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| of calm,<br>relaxation, and<br>well-being. By<br>providing<br>comfortable and<br>attractive<br>environments,<br>can promote<br>positive<br>interactions and<br>communication<br>between   |    |              | promote a sense   |
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| providing<br>comfortable and<br>attractive<br>environments,<br>can promote<br>positive<br>interactions and<br>communication<br>between  |    |              | well-being. By    |
| comfortable and<br>attractive<br>environments,<br>can promote<br>positive<br>interactions and<br>communication<br>between   |    |              | providing         |
| attractive<br>environments,<br>can promote<br>positive<br>interactions and<br>communication<br>between  |    |              | comfortable and   |
| environments,<br>can promote<br>positive<br>interactions and<br>communication<br>between  |    |              | attractive        |
| can promote<br>positive<br>interactions and<br>communication<br>between   |    |              | environments,     |
| positive<br>interactions and<br>communication<br>between  |    |              | can promote       |
| interactions and<br>communication<br>between  |    |              | positive          |
| communication   |    |              | interactions and  |
| between   |    |              | communication     |
|   |    |              | between           |

|    |               | individuals and |
|----|---------------|-----------------|
|    |               | groups, which   |
|    |               | can help to     |
|    |               | build more      |
|    |               | peaceful and    |
|    |               | inclusive       |
|    |               | societies       |
| 17 | Partnership   | can bring       |
|    | for the Goals | together public |
|    |               | and private     |
|    |               | sector partners |
|    |               | to promote      |
|    |               | sustainable     |
|    |               | development,    |
|    |               | conservation,   |
|    |               | and climate     |
|    |               | action          |

#### Table 4 : Contribution of Biophilic Design to Sustainability

Implementation of Biophilic design helps to minimize energy consumption challenges by using natural element in effective way

#### **B.** Quantifying Biophilic Design

The use of natural elements in planning is always beneficial. Biophilic design is the connection of humans with nature by proposing vegetation, natural light, air, water, etc. But it is necessary to know how a building can be called biophilic. For this, a building needs to be quantified. There are some ways in which quantification can be done. It can be qualitative or quantitative.

#### 1. Biophilic Design Scorecard:

A tool created by Terrapin Bright Green that measures how much a building uses biophilic design elements is called the Biophilic Design Scorecard. It evaluates seven biophilic design subcategories: visual connection with nature, non-visual connection with nature, natural forms and patterns, light and space, biomorphic forms and patterns, and material connection with nature.

#### 2. Green Building Certification:

Green building certifications, such as LEED, incorporate biophilic design principles into their criteria. For these 14 patterns of BD developed by Terrapin Bright Green, the framework of Kellert's framework of elements and attributes is followed. Buildings that achieve higher levels of certification are more likely to have biophilic design elements. This building is quantified by qualitative or quantitative measures.

#### 3. User Surveys:

Surveys can ask questions about user satisfaction, productivity, and health and well-being in spaces that incorporate biophilic design elements

The biophilic design patterns to be investigated include nature in space patterns, natural analogue patterns, and nature in space patterns. The data type is ordinal, as respondents were asked to rank the extent to which the vocational centers exhibited the stated patterns using a 5-point Likert scale.



Although the level of satisfaction for the biophilic design patterns ranges, the average perception of the users is higher than the median value on the 5-point Likert scale used in the questionnaire.

#### C. Green Certification tools to asses Biophilic Design

GBRTs tools now focused to incorporate health and well-being. There are some Green certification worldwide where Biophilia criteria is incorporated.some of the examples rea LEED,WELL,BREEAM.

#### D. Case study

**The Titan Integrity Plus, Bengaluru** Area : 390000 sq.ft. Designed by: Mindscape Architects

Building that integrates with nature : Enhancing Productivity of Employees in Workplaces through Biophilic Design Strategies

Introduction :

Corporate office of Titan is developed in 6.5 acre land, which has a reservoir on the east and expressway on North side.

The design is an exclusive example of human nature connection where site connects with the adjoining lake.



#### **Location of Titan Integrity Plus**

Requirements for LEED Certification:

-5 design strategies should comply Biophilic design . Each design planning must address biophilic design idea as assign to source from either 14 Patterns of Biophilic Design or Biophilic Design: The Theory, Science and Practice of Bringing Buildings to Life, by Kellert, Heerwagen, and Mador (Table 2). One of the biophilic design ideas must be from Table 1 OR from the Place Based Relationships division from Table 2..



**Terraces provide insulation** 



Natural Diffused Light



**Natural Geometry** 



**Natural Material** 





#### **Presence of water**

Enhances the experience of a place through seeing, hearing or touching water. Selected Category to comply Green

Certification: Nature Analogue



Under this Natural Analogues the three patterns of biophilic design are -

#### 1. Biomorphic Forms & Patterns

Symbolic remarks to contoured, decorated, add up to

or numerical plans that persist in type.

### 2. Material Connection with Nature

Minimally processed natural materials and features that represent the local environment or geology and provide an area a unique sense of identity

#### 3. Complexity & Order

aim to inform, improve, or optimize the flow and relationships between people, goods **Five Design strategies to comply Green Certification** 



**1.Biomorphic Forms and Pattern** 



2. Complexity and order



**3.**Material Connection with Nature



#### 4.Presence of Water



5.Visual Connection with Nature.

Bringing nature inside through design strategies:

The longer Part of north direction acquires glare-free instinctive light To reduce heat gain from west Green wall is introduced. Voluminous atriums admit light and escape hot air. Also forms sense of individual community, affection and bright interaction between various areas.

The landscaped terraces covered in grass, insulate the building, thereby reducing the heat load and creating comfortable conditions, in the immediate atmosphere, and large trees provide natural shading, which make the outdoors suitable for usage, even during the hot Indian summers.

Presence of water: balances microclimate by evaporating cooling

#### **D.** Outcome:

Though Biophilia is incorporated worldwide in many certifications, it is still not incorporated in Green Certification of Indian context. This gap needs to be fulfilled. Though Air quality is given importance while designing a building in point of view of credit points, a deep thought is not given for Human comfort & well being.

### E. Feeling gap and set Quantification criteria points to achieve Human comfort through Biophilia

Step 1 : To Find out standard for Human comfort & steps need to be taken to achieve these standards by various passive strategies Step 2 : By studying Qualitative & Quantitative measures for Biophilic design of Green Certification A new set of criteria has been derivative to fill this gap.

## **Step 1 - Biophilic design is for Human comfort & well being**

Thermal comfort in architecture refers to the conditions within a built environment that provide occupants with physical comfort. So to achieve this comfort we need to match safe levels of Air quality & Limits of temperature and Humidity by incorporating Biophilic design strategies



| Indoor parameters                     | Limits                                  | Recommendation                        |
|---------------------------------------|---|---------------------------------------|
| Air temperature                       | fall/winter 23 to 28°C                  | ASHRAE Standard 55-<br>2010, ISO 7730 |
| Relative humidity                     | 30% to 65%                              | ASHRAE Standard 55-<br>2010, ISO 7730 |
| Level of carbon dioxide<br>in the air | to max 700 ppm above the external value | ASHRAE Standard 62.1-2016             |

Source: Air quality parameters according to ASHRAE standard [21]



**Biological positive** 



Heart rate





Productivity

Concentration



Air quality significantly effect on human health , comfort, and performance of occupants. Thus, IAQ is essential to living environment CO2 also contribute to indoor air pollution.



Source: <u>https://iotfactory.eu/the-importance-of-indoor-</u> air-quality-iaq-for-business-performance-andwellbeing/

| Building<br>Standards | Qualitative<br>Evaluation<br>of Biophilic<br>Design  | Quantitative<br>Evaluation of<br>Biophilic Design  |
|-----------------------|--|--|
| Proposed              | 1.Nature<br>incorporatio<br>n<br>(Environme<br>ntal<br>elements-<br>Light, Air,<br>Water)                                | 1. Outdoor<br>Biophilia<br>(25% of the site<br>area with<br>landscaped<br>grounds or<br>rooftop gardens,<br>where<br>60 % plantings<br>must be including<br>tree canopies) |
|                       | 2.Indirect<br>Connection<br>& Pattern<br>(Form,<br>Pattern,<br>Biomimicry,<br>Natural<br>material,<br>Natural<br>Colour) | 2. Indoor<br>Biophilia<br>Potted plants or<br>planted<br>beds > 1 % of<br>floor area per<br>floor<br>wall covering area<br>2 % of the floor<br>area per floor              |

**Step 2** – **Proposed standards for Green certification** 

#### **Through Biophilic Design**

#### **Design:**

Design a Training center for 80 students with Residential facility

#### **Requirements:**

Reception & Waiting Area = 80 sq.m. Admin area = 40 sq.m. Cabin for Executive Engg with Waiting area=80 sq.m. Cabins for Deputy Engg.=40 sq.m. Conference Room=80 sq.m. Multipurpose Hall 100=150-160 sq.m. Classrooms 2=80 sq.m. Smart Classroom 1=85 sq.m. Library=80 sq.m. Computer Lab=75 sq.m. Staff Room=40 sq.m. Meeting Room=75 sq.m. Toilets - Gents = 4 WC, 4 Urinal Toilets-Ladies= 4 WC Store Area Canteen (Capacity 80)=100-120 sq.m.

| 3.Nature<br>interaction<br>(Connection<br>with the<br>Ecology) | <b>3.</b> Water Feature<br>(at least one water<br>feature of<br>5m2 for per floor) |
|--|--|

In Quantitative & Qualitative manner



Kitchen & Store = 50-60 sq.m. Hostel for 80 People = 35sq.m. each room Gym area/Recreational space=150 sq.m.



Alkaline soil: Type of soil for proposed site Cultural value: Gajanan maharaj mandir on south: creates sound Pollution

Oxygen park : Miyawaki forest concept for dense vegetation

- Intensity of South Radiation decreases
- cool air as plantation on South west direction







Pollution

reduction

Temperature reduction

Noise Soil reduction stability

Water used to clogged in this area Due to plantation It started



percolating in the soil

C Climatology of Aurangabad : In Aurangabad has tropical climate ,with warm Summers, Temperature ranges from  $27^{0}$ C to  $39^{0C}$ .





#### <u>SWOT Analysis :</u>

| Access   | : Direct access from main road      |  |  |  |  |  |  |  |
|--|-------------------------------------|--|--|--|--|--|--|--|
|  | Secondary entrance as service entry |  |  |  |  |  |  |  |
| Miyawaki Fores                                       | st : Reduction in Temperature       |  |  |  |  |  |  |  |
|  | Buffer zone tend to reduce noise    |  |  |  |  |  |  |  |
| pollution  |                                     |  |  |  |  |  |  |  |
|  |                                     |  |  |  |  |  |  |  |
| Gajajnan Maharaj Mandir : Occasional Noise Pollution |                                     |  |  |  |  |  |  |  |
| Shape of the site                                    | e : Shape of the site impacts on    |  |  |  |  |  |  |  |

**Existing ecology : Proposed building can be an example of** Biophilic Building as it complies principle of visual connection with nature

#### No threats as such

No future developments \on south side due to temple North west area is allotted for IRD office. Due to small area there will be no future expansion on this side too Site will not be affected by future developments

## **Design Development**

Derivation of Form..... Hexagon



#### Benef

- Natural occurrence(Biomimicry): such as honeycombs, snowflakes, and certain crystals. Visual appeal: harmony and balance
  - Efficient use of space: Hexagons tessellate efficiently, meaning they can fit together without leaving any This property of hexagons can inspire efficient and sustainable design solutions in architecture and urban planning
  - Flexibility in design: The modularity and flexibility of hexagonal shapes allow for versatile design possibilities. They can be easily combined, rotated, or

mirrored to create intricate and customizable patterns,

- Structural stability: Hexagons provide excellent structural stability due to their inherent strength and load-bearing capabilities. When used in architectural design, they can distribute forces evenly across multiple supports, resulting in more robust and stable structures
- Natural lighting and ventilation: enhance the penetration of natural light, reducing the need for artificial



lighting and minimizing energy consumption.

Incorporating hexagonal elements in design can enhance the biophilic qualities of a space, improving human well-being and fostering a deeper connection with the environment.

Hexagon is often considered a biophilic shape due to its presence in nature and the positive psychological and physiological effects it can have on humans

### **Option 1**

Building Blocks oriented to receive North light and single surface exposed to West side but, Wind flow is obstructed **Option 2** Building Blocks oriented to receive Wind inside

receive Wind inside but more surfaces exposed to side

- increase in Heat gain

## **Option 3**



Continuous exposed surfaces- increase in Heat gain

### **Option 4**

Building Blocks oriented to receive North light by multi surface single surface exposed to West side & free flow Wind penetrates in building block





Attached –But leaves gap



Allows for four interior and Two exterior connections



GROUND FLOOR PLAN



FIRST FLOOR PLAN



#### SECTION

Trees









Green Roof Section

Cavity Wall



#### ENTRANCE VIEW



**GREEN ROOF** 

#### VIEW OF HOSTEL BUILDING



#### **Shadow Analysis of Design Proposal**



#### 15<sup>th</sup> may @ 9.00 am



15<sup>th</sup> may @ 12.00 pm



<u>15<sup>th</sup> may @ 16.00 pm</u>



15<sup>th</sup> may @ 9.00 am



15<sup>th</sup> may @ 12.00 pm



15<sup>th</sup> may @ 16.00 pm



**Daylight Analysis** 

**Green Certification :** 

Qualitative Approach & Quantitative Approach

## **1.Qualitative Approach :**



**KEY PLAN** 



#### SECTION THROUGH COURTYARD



SECTION THROUGH ATRIUM & GREEN WALL

| 1.Nature incorporation |
|------------------------|
| -Light                 |
| -Air                   |
| -Water                 |
|                        |
|                        |



Diffused light ,South West Winds, Court with water body



Skylight though Staircase

N



#### **Presence of Water**

- 2.Indirect Connection & Pattern -Natural material -Natural Colour
- -Biomimicry form



Natural Material



#### Natural Colour





Natural Form: BEE Hive

3.Nature Interaction -Ecology connection



|                 | Nam<br>e of<br>Tree               | F<br>ol<br>ia<br>ge<br>D<br>ia | Radi<br>aus<br>of<br>Folia<br>ge | Ar<br>ea<br>of<br>Fo<br>lia<br>-ge | No<br>Of<br>Tr<br>ees | Tota<br>l<br>Foli<br>age<br>area |
|-----------------|-----------------------------------|--------------------------------|----------------------------------|------------------------------------|-----------------------|----------------------------------|
| Man<br>go       | Mang<br>ifera<br>indic<br>a       | 9                              | 4.5                              | 63.<br>58                          | 11                    | 699.<br>43                       |
| Nee<br>m        | Azadi<br>racht<br>a<br>indic<br>a | 1<br>5                         | 7.5                              | 17<br>6.6<br>2                     | 4                     | 60                               |
| Am<br>altu<br>s | Cassi<br>a<br>fistul<br>a         | 1<br>2                         | 6                                | 11<br>3.0<br>4                     | 4                     | 48                               |
| Beh<br>da       | Term<br>inalia<br>beller<br>ica   | 5                              | 2.5                              | 19.<br>62                          | 12                    | 60                               |
| Arju<br>na      | Term<br>inalia<br>Arjun<br>a      | 1<br>5                         | 7.5                              | 17<br>6.6<br>2                     | 4                     | 60                               |
|                 |                                   |                                |                                  |                                    | To<br>tal             | 927.<br>435                      |

## 1.Quantitative Approach :

## **Outdoor Vegetation Calculation**





Green Visually



| Name<br>of Tree | Foliag<br>e Dia. | Radiau<br>s of<br>Foliage | Area<br>of<br>Foliag<br>e | No.O<br>f<br>Tree<br>s | Total<br>Foliage<br>area |
|-----------------|------------------|---------------------------|---------------------------|------------------------|--------------------------|
| Hibiscu<br>s    | 1.5              | 0.75                      | 1.76                      | 25                     | 44.15                    |
| Ixora<br>Dwarf  | 1                | 0.5                       | 0.81                      | 10                     | 8.1                      |
|                 |                  |                           |                           | Total                  | 52.25                    |

## Indoor Vegetation Calculation-Training centre

| floor           | Floor rea | Expected<br>Green wall<br>area(>2% of<br>floor area) | Expected<br>Green<br>area-<br>potted<br>plants(>1<br>% of floor<br>area) | Proposed<br>Green wall | Proposed<br>Potted<br>area |
|-----------------|-----------|--|--|------------------------|----------------------------|
| First<br>floor  | 928.96    | 18.5792  | 9.2896   | 49.89                  | 40.07                      |
| Second<br>Floor | 848.94    | 16.9788  | 8.4894   | 49.89                  | 40.07                      |

#### Site Veg-Expec-Pro-Proposed Pro Pro-Total posed shrub area tated ted posed Green roof posed proposed area vegetati vegeta ground vegetatio expec ted area on-Tree cover Tree canopy canopy 25 % (60% of of . 25% Total vegetati area on) 4691. 927.43 52.25 2302.68 1172. 703.66 573 750 76 07

## **Total Vegetated Area Calculation:**

### Water Feature calculation

| Floor                        | Expected<br>Water<br>Feature area<br>(min 5sq.m.) | Proposed area for water<br>element |
|------------------------------|---|------------------------------------|
| First Floor                  | 5   | 111.21                             |
| Second Floor                 | 5   | 7.5                                |
| For Hostel (Ground<br>floor) | 5   | 8.6                                |
| For Hostel (Each floor)      |   | 17.2                               |

## Green column at Hostel ducts:

Visually connection with nature though less sunlight





Plants who does not needed sunlight

## Indoor Vegetation Calculation-Hostel Block

| floo<br>r               | Flo<br>or<br>are<br>a | Expec<br>ted<br>Gree<br>n wall<br>area(<br>>2%<br>of<br>floor<br>area) | Expect<br>ed<br>Green<br>area-<br>potted<br>plants(<br>>1% of<br>floor<br>area) | Prop<br>osed<br>Gree<br>n<br>wall | Prop<br>osed<br>Potte<br>d<br>area |
|-------------------------|-----------------------|--|---|-----------------------------------|------------------------------------|
| First<br>floo<br>r      | 742<br>.97            |  |   |                                   |                                    |
| Sec<br>ond              | 742<br>.97            | 14.8   | 7.4   | 67.53                             | 10.32                              |
| Flo<br>or               |                       | 14.8   | 7.4   | 123.73                            | 20.81                              |
| Sec<br>ond<br>Flo<br>or | 533<br>.94            | 10.66  | 5.33  | 43.34                             | 12.47                              |

| Sec<br>ond<br>Flo | 533<br>.94 |       |      |       |       |
|-------------------|------------|-------|------|-------|-------|
| or                |            |       |      |       |       |
|                   |            | 10.66 | 5.33 | 43.34 | 12.47 |

#### **Tree Sequestration Data**

. . . . . . . . .

| 0       |                         |                      |             |                    |                    |                  |                 |              |                |
|---------|-------------------------|----------------------|-------------|--------------------|--------------------|------------------|-----------------|--------------|----------------|
|         | Name of Tree            | <u>Ht.of</u><br>Tree | D<br>B<br>H | Wt.above<br>ground | Total<br>green Wt. | Total<br>Dry Wt. | Total<br>Carbon | Total<br>CO2 | Total<br>tonns |
| Mango   | Mangifera<br>indica     | 25                   | 8           | 400                | 480                | 348              | 174             | 638.58       | 31             |
| Neem    | Azadirachta<br>indica   | 20                   | 9           | 405                | 486                | 352.35           | 176.17          | 646.56       | 0.32           |
| Amaltus | Cassia fistula          | 15                   | 6           | 135                | 162                | 117.45           | 58.725          | 215.52       | 0.1            |
| Behda   | Terminalia<br>bellerica | 22                   | 7           | 269.5              | 323.4              | 234.465          | 117.23          | 430.24       | 0.1            |
| Arjuna  | Terminalia              | 35                   | 12          | 756                | 907.2              | 657.72           | 328.86          | 1206.91      | 0.6            |
|         |                         |                      |             |                    |                    |                  |                 |              |                |

## Temperature reduction calculations through software

Addition of Green wall & Green Roof reduces Heat gain

|  |                              |                                 | Tempe            | trature and Heat    | Gains - Unitle                         | I, Training cen | rtre                 |         |         |                        |           |         |
|--|------------------------------|---------------------------------|------------------|---------------------|--|-----------------|----------------------|---------|---------|------------------------|-----------|---------|
| Tragenta Cultur  | 200                          | 430                             | 8.00             | 10                  | 104), 505-1007Y<br>1225                | 12:00           | 14:00                | 1902    | 1932    | 22:00                  | 22.00     | Caneto  |
| Air Temperature (*C)   | 22.07                        | 21.45                           | 24.00            | 24.00               | 24.00                                  | 24.00           | 24.00                | 24.00   | 24.00   | 34.04                  | 22.69     | -       |
| Radiant Temperature (°G)   | 32.63                        | 21.99                           | 30.49            | 31.27               | 32.36                                  | 33.05           | 34.43                | 25.81   | 25.19   | 34.10                  | 30.90     | - 1     |
| Outside Chu-Rub Temperature (Cu)                                   | 28.42                        | 27.68                           | 27.48            | 30.73               | 25.24                                  | 32.54           | 40.20                | 29.43   | 37.13   | 33.90                  | 31.60     | - 1     |
| Glazing (kIV)  | 478                          | -6.71                           | -3.35            | 11.40               | 14.55                                  | 11.01           | 15.99                | 17.10   | 8.35    | -2.07                  | -4.65     | - 1     |
| Walts (kW)   | 3.39                         | 6.25                            | 30.83            | 10.04               | 5.27                                   | 5.01            | -0.48                | -4.10   | 5.00    | -10.45                 | -4.93     | - 1     |
| Cellings (m) (k19)<br>Enses (et) (k19)                             | 5.55                         | 4.53                            | 12.50            |                     | -0.61                                  | 2.83            | 3.18                 | 3.92    | 12.73   | 6.92                   | 0.45      | - 1     |
| Ground Floors (kill)   | -2.06                        | -1.62                           | 6.41             | -8.02               | -2.92                                  | 1.54            | -3.30                | -6.80   | 0.56    | -4.09                  | -2.75     | - 1     |
| Partitions (m) (kIV)   | 0.63                         | 0.63                            | 4.72             | -4.66               | -0.66                                  | -0.25           | -1.07                | -1.88   | 1.05    | -2.67                  | -0.24     | - 1     |
| Roots (KW)   | -2.28                        | 4.67                            | -2.73            | -11.53              | 6.42                                   | 37.49           | 02.77                | 68.00   | 63.35   | 25.30                  | 13.35     | - 1     |
| Esternal infitiation (AVV)   | -3.37                        | -3.50                           | 3.32             | 6.05                | 10.06                                  | 12.77           | 14.15                | 12.51   | 11.55   | -0.27                  | -2.04     | - 1     |
| External Vent. (kW)  | 0.00                         | 0.00                            | 0.00             | 2.19                | 14.76                                  | 18.92           | 15.82                | 20.09   | 8.54    | 0.00                   | 0.00      | - 1     |
| General Lighting (kW)  | 0.00                         | 0.00                            | 0.00             | 20.41               | 20.41                                  | 22.41           | 20.41                | 22.41   | 20.41   | 0.00                   | 0.00      | - 1     |
| Computer + Equip (KIN)   | 0.00                         | 0.00                            | 0.00             | 1.94                | 7.78                                   | 7.76            | 4.87                 | 7.74    | 1.65    | 0.00                   | 0.00      | - 1     |
| Solar Gains Exterior Windows (kW)                                  | 0.00                         | 0.00                            | 0.00             | 73.58               | 64.00                                  | 33.26           | 45.63                | 72.61   | 35.64   | 0.00                   | 0.00      | - 1     |
| Zona Sansible Cooling (kNV)  | 0.00                         | 0.00                            | 41.27            | -102.86             | -128.46                                | -134.39         | -152.90              | -175,34 | -163.95 | 0.00                   | 0.00      | - 1     |
| Service Cooling (199)  | 0.00                         | 0.00                            | 101 21<br>.84 11 | -100.07             | -120.31                                | -152.41         | -108.88              | -195.53 | -172.54 | 0.00                   | 0.00      | - 1     |
| Balance Humiday (To  | 26.22                        | 26.40                           | 12.55            | 45.24               | 42.05                                  | 43.55           | 43.24                | 40.25   | 47.97   | 25.42                  | 30.61     | - 1     |
| Mech Vent + Nat Vent + Infibration (ac/h)                          | 0.71                         | 0.71                            | 0.69             | 0.95                | 1.66                                   | 1.66            | 1.41                 | 1.65    | 1.16    | 0.70                   | 0.71      |         |
| Base C   | Case                         |                                 |                  |                     |  |                 | De                   | esigr   | ı Ca    | se                     | ١         |         |
| EnergyPlus Culput  |                              |                                 | Тетр             | erature and Hea     | at Gains - Untiti<br>1517ay, Sub-toury | ed, Training ce | entre                |         |         |                        |           | Distant |
| Title  | 200                          | 400                             | 600              | 800                 | 1000                                   | 1200            | 1400                 | 1500    | 100     | 200                    | 22:00     |         |
| Air Temperature (*C)<br>Radiant Temperature (*C)                   | 30.87                        | 30.58                           | 24.00            | 24.00               | 24.00                                  | 24.00           | 24.00                | 24.00   | 24.00   | 32.47                  | 31.96     |         |
| Operative Temperature (*C)   | 31.12                        | 30.75                           | 26.89            | 27.01               | 27.34                                  | 27.54           | 27.87                | 28.18   | 28.08   | 32.11                  | 31.91     |         |
| Outside Dry-Bulb Temperature (*C)                                  | 28.42                        | 27.66                           | 27.66            | 30.73               | 35.34                                  | 38.54           | 40.20                | 39.43   | 37.13   | 33.80                  | 31.50     |         |
| Giazng (kW)  | -4.08                        | -4.16                           | -2.36            | 8.74                | 11.37                                  | 11.07           | 2.72                 | 14.25   | 7.33    | -0.43                  | -2.17     |         |
| Cellings (int) (kW)  | 3.70                         | 3.47                            | 10.11            | 2.20                | 1.38                                   | 2.84            | 2.15                 | 2.86    | 6.36    | 3.19                   | 3.34      |         |
| Floors (int) (kW)  | -1.65                        | -0.37                           | 11.60            | -6.43               | -4.49                                  | -2.07           | -7.28                | -11.97  | -3.83   | -8.96                  | -5.89     |         |
| Ground Floors (kW)   | -1.77                        | -1.61                           | 4.30             | -4.52               | -2.76                                  | -0.09           | -3.62                | -4.69   | -1.20   | -2.96                  | -2.00     |         |
| Roofs (kW)   | 2.70                         | 0.30                            | 10.43            | 0.45                | 8.39                                   | 22.52           | 32.76                | 37.29   | 39.04   | 17.80                  | 9.89      |         |
| Floors (ext) (kW)  | -0.06                        | -0.11                           | 2.06             | 0.01                | 0.50                                   | 1.07            | 1.42                 | 1.47    | 1.25    | -1.65                  | 0.08      |         |
| External Infibration (kW)  | -2.02                        | -2.41                           | 3.34             | 6.11                | 10.15                                  | 12.88           | 14.28                | 13.64   | 11.68   | 1.72                   | -0.07     |         |
| General Linhting (KW)  | 0.00                         | 0.00                            | 0.00             | 2.56                | 74.00                                  | 24.00           | 24.00                | 23.63   | 24.00   | 0.00                   | 0.00      |         |
| Computer + Equip (kW)  | 0.76                         | 0.76                            | 0.76             | 14.12               | 14.12                                  | 14.12           | 14.12                | 14.12   | 14.12   | 14.12                  | 0.76      |         |
| Occupancy (kW)   | 0.00                         | 0.00                            | 0.00             | 2.28                | 9.12                                   | 9.12            | 6.84                 | 8.12    | 4.55    | 0.00                   | 0.00      |         |
| Solar Gans Exterior Windows (kW)                                   | 0.00                         | 0.00                            | 0.00             | 55.1/               | 48.94                                  | -126.39         | 42.18                | 62.00   | 36.72   | 0.00                   | 0.00      |         |
| Sensible Cooling (kW)  | 0.00                         | 0.00                            | -52.98           | -105.30             | -140.03                                | -149.25         | -156.83              | -179.67 | -157.92 | 0.00                   | 0.00      |         |
| Total Cooling (kW)   | 0.00                         | 0.00                            | -58.45           | -112.28             | -154.12                                | -163.86         | -169.01              | -194.54 | -167.72 | 0.00                   | 0.00      |         |
| Relative Humidby (%)<br>March Vant & Net Vant & Infibration (arch) | 37.39                        | 38.31                           | 48.42            | 48.32               | 48.95                                  | 48.82           | 48.48                | 48.61   | 48.19   | 31.01                  | 33.83     |         |
| MEDI VEILY NELVEILY IIIIIDEUN (BUT)                                | 2.0                          | 8/1                             | 1.00             | 1.0                 | 1.00                                   | 1.94            | 1.00                 | 1.06    | 1.60    | 4.14                   | 9.19      |         |
| Pa   | rtitions (<br>Ro<br>Floors ( | int) (k)<br>ofs (k)<br>ext) (k) | N)<br>N)<br>W)   | -0.3<br>37.4<br>0.0 | 5<br>19<br>0                           |                 | -1.0<br>60.7<br>0.00 | 7<br>7  |         | -0.88<br>68.80<br>0.00 |           |         |
| Base   | Case                         |                                 |                  |                     |  |                 |                      |         |         |                        |           |         |
| Partition  | ns (int                      | ) (kV                           | V)               | -0.1                | 9                                      |                 | -0.4                 | 6       |         | -0.3                   | 4         |         |
|  | Roof                         | 5 (kV                           | V) [             | 22 E                | 2                                      |                 | 32.7                 | 6       |         | 27.2                   | ۹.        |         |
| <b>E</b> 1   |                              | 0.00                            | and I            | 22.0                | -                                      |                 | 92.1                 | ¥       |         | 91.2                   | ÷ .       |         |
| FIOO   | rs (ext                      | t) (KI                          | (V)              | 1.03                | 7                                      |                 | 4.4                  |         |         | 1.47                   | , I       |         |
|  |                              | ·                               |                  | 1_0/                | L                                      |                 | _ 1.5                | ۷       |         | 14                     | <u>_ </u> |         |
|  |                              |                                 |                  |                     |  | -               | _                    |         |         | _                      |           |         |
|  |                              |                                 |                  |                     |  |                 |                      |         |         |                        |           |         |
|  |                              |                                 |                  |                     |  |                 |                      |         |         |                        |           |         |
| ъ.   | C                            |                                 |                  |                     |  |                 |                      |         |         |                        |           |         |
| Desig  | m ( 's                       | ASE                             |                  |                     |  |                 |                      |         |         |                        |           |         |
| DUSIE  | , II () (                    | use                             |                  |                     |  |                 |                      |         |         |                        |           |         |
| 0  |                              |                                 |                  |                     |  |                 |                      |         |         |                        |           |         |

Ppm of CO2 calculations for Good Air Quality

Ppm of proposed site is 400, while good quality ppm is 350, Hence we need to reduce 50 ppm to achieve good Air quality

| Plants        | Light<br>intensity | Percentage of CO <sub>2</sub><br>reduction (%) | Total CO <sub>2</sub><br>reduction (ppm) | Mean of standard<br>deviation |
|---------------|--------------------|--|--|-------------------------------|
| Anthurium     | 300 lux            | 2.2  | 18.30                                    | 0.45                          |
|               | 700 lux            | 10.80  | 101.00                                   | 1.26                          |
| Dumb Cane     | 300 lux            | 5.50   | 55.4                                     | 0.45                          |
|               | 700 lux            | 11.10  | 111.33                                   | 0.18                          |
| Golden Pothos | 300 lux            | 6.10   | 60.67                                    | 1.10                          |
|               | 700 lux            | 10.03  | 101.33                                   | 0.63                          |
| Kadaka Fern   | 300 lux            | 6.50   | 64.6                                     | 1.13                          |
|               | 700 lux            | 12.48  | 123.3                                    | 0.84                          |
| Prayer Plant  | 300 lux            | 7.00   | 71.67                                    | 0.64                          |
|               | 700 lux            | 14.40  | 154.63                                   | 0.62                          |
| Spider Plant  | 300 lux            | *0.20  | *0.67                                    | 1.32                          |
| 1             | 700 lux            | 0.10   | 1.02                                     | 1.17                          |
| Syngonium     | 300 lux            | 6.72   | 64.67                                    | 0.98                          |
|               | 700 lux            | 10.08  | 104.00                                   | 0.73                          |

### **PPM Calculation as per type of Plant**



#### **Potted Plants in atrium**



Vegetation in Lobby

**Classrooms & admin area** 

| Typ<br>e of<br>Plan<br>t | Lux<br>Level(7<br>00) | Area<br>to be<br>cover<br>ed | No Of<br>Plants | Reduct<br>ion of<br>ppm |
|--------------------------|-----------------------|------------------------------|-----------------|-------------------------|
| Anthuri<br>um            | 101                   | 390                          | 65              | 50                      |
| Prayer<br>Plant          | 154                   | 390                          | 42              | 50                      |
| Golden<br>Pothos         | 101.33                | 390                          | 65              | 50                      |

#### Lobby & Corridor area

| Type<br>of<br>Plant | Lux<br>Leve<br>l<br>(700) | Are<br>a to<br>be<br>cove<br>red | No Of<br>Plants | Reduction<br>of ppm |
|---------------------|---------------------------|----------------------------------|-----------------|---------------------|
| Anthuriu<br>m       | 101                       | 1770.43                          | 295             | 50                  |
| Prayer<br>Plant     | 154                       | 1428.33                          | 152             | 50                  |
| Golden              | 101 22                    | 1770.42                          | 205             | 50                  |
| Pothos              | 101.33                    | 1770.43                          | 295             | 50                  |

#### Hostel area

| Type<br>of<br>Plant | Lux<br>Level(70<br>0) | Area to<br>be<br>covered | No Of<br>Plants | Redu-<br>ction<br>of<br>ppm |
|---------------------|-----------------------|--------------------------|-----------------|-----------------------------|
| Anthuriu<br>m       | 101                   | 2243                     | 374             | 50                          |
| Prayer<br>Plant     | 154                   | 2243                     | 240             | 50                          |
| Golden<br>Pothos    | 101.33                | 2243                     | 374             | 50                          |

#### **Conclusion & Result :**

Biophilic Design strategies can improve human comfort ,well being & productivity .Theses strategies helps to achieve sustainability.

Suggested guideline of certification with respect to Indian context can fill the gap of quantifying Biophilia.

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